



About The Core Project

Introduction

The Core Project began with a simple initiative—to serve schools. Since 2009, we have worked with hundreds of schools to help students connect at a deeper level with their peers, teachers, and school. Today, with a strong focus on Social and Emotional Learning (SEL), we're on a mission to help schools truly sustain SEL beyond short-term experiences. We do this through research-driven curriculum, staff development, student leadership training, and community-building experiences for the student body.

Here's more about what you can expect from The Core Project:

- We love public education. There's no one we respect more than educators.
- We work with schools who want to develop kids at all levels. We care about nothing more than helping teachers be successful in the classroom.
- We care a lot about connection and relationships. We believe in developing people from the inside out.

A FRAMEWORK BUILT ON RESEARCH

The research is undeniable—developing social-emotional skills in staff and students goes hand-in-hand with learning and achievement. When academics and SEL is combined, academic achievement increases, behavior issues decrease, and the school culture becomes a place where students feel connected *and* teachers love to teach. Schools have suffered far too long under the belief that time given to SEL undercuts rigor and learning. But it's just not true. No longer should SEL be separate from academic goals. And because no school should have to decide between what matters more—*academics or SEL*—we make it possible to do both.