



50 Fun Self-Awareness Questions

FOR EDUCATORS

How often do you really stop and think about what you're thinking, and why? People who develop self-awareness are more creative, fulfilled, and confident. *"This world would be a better place if we were all more self-aware."* Greg Sommers

How to Use: The questions below can be used to ignite self-awareness discussions among educators.

1. Who (or what) always makes you laugh?
2. Do you feel inspired by someone or something?
3. What do you think you could never, ever give up?
4. Was there a turning point in your life? Career?
5. How would you define the purpose of teaching?
6. How do you spend the majority of your time?
7. What would you tell your younger self?
8. Are you drawn to a certain type of student?
9. Are you good at being in the present moment?
10. How do you currently feel about teaching?
11. What's on your to-do list that never gets done?
12. How open are you with others?
13. When did you last feel disappointed?
14. When was the last time you stretched yourself?
15. How do you feel when faced with change?
16. What event has shaped you the most?
17. How would your students describe you?
18. Do you think your ego gets in the way?
19. Do you believe in giving second chances?
20. Do you always say what's on your mind?
21. How do you cope with stress?
22. Do you believe every thought you think?
23. How often do you learn new things?
24. What is something you can do to better connect with others?
25. What is your favorite time of day?
26. How often do you ask others for help?
27. What is your biggest weakness?
28. What's the best day you've had so far?
29. Why do you get out of bed each day?
30. Do you ever regret what you said after the moment?
31. Do you frequently make wishes?
32. What would your ideal career consist of?
33. Do you say "yes" or "no" more often?
34. Do you engage in activities to escape your reality?
35. What is currently worrying you?
36. Do you enjoy spending time alone?
37. What questions are you asked often?
38. When was the last time you made a change?
39. Do you enjoy talking about yourself?
40. Do you ever feel like escaping?
41. Who do you call when you're upset?
42. Do you believe people can really change?
43. Do you think time heals all wounds?
44. Are you good at letting things go?
45. When did you last make a new friend?
46. How would you describe your personal style?
47. Do you have difficulty sleeping?
48. Can you accept compliments easily?
49. Are you living your life for yourself?
50. What would you like to be remembered for?