

Become a certified Core Day™ Leader

CORE DAY LEADER CONFERENCE

MAY 6-8 2024

Coeur d'Alene, ID

HAMPTON INN & SUITES COEUR 'DALENE

Core Day Leader Conference is a 3-day experiential training to certify facilitators of Core Day. To conduct your own Core Day at your school, one or more staff leaders from your building must attend. Core Day Leader Conference will inspire you, engage you, and give you the practical tools to make compassion and connection—making Core Day—a part of who your school *is* and not just what you *do*. Meet with other educators who are bringing Core Day to their school—in an experience that will help you reach your potential as a leader, and help students grow, *from the inside out*.

What You Get

Conference Perks:

- 3 Full Days of Training
- 3 nights lodging in your own room
- Breakfast & lunch daily + 1 dinner

Certification & Support:

- Core Day™ Leader Certification
- Training Manual with Core Day program agenda, activities, and instructions
- 2 hours of follow-up consultation
- Professional Development Credit

Conference + Certification Cost

\$3,300 / per person

\$2,850 Early Bird Rate

Register by March 15th for Early Bird Rate

This training includes three full days of training, single occupancy lodging at the Hampton Inn & Suites, breakfast and lunch for three days, one dinner, necessary materials, and Core Day™ Leader Certification. The fee also includes an optional 2 hours of follow up consultation with The Core Project staff.

Full refunds will not be available after April 29th, 2024.

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FAQs

What is Core Day?

Core Day is a powerful student experience within your school that builds community, creates connection, and ignites compassion and understanding. In a fun and interactive format, an experience in Core Day awakens an innate sense of belonging that we all need. Through large group activities, meaningful discussion, and a safe atmosphere, students will feel closer to others, learn how to give and receive support, and walk away with a life-changing belief that we are all a lot more alike than we are different. In addition, if your school is using the Core Lessons curriculum, Core Day serves as a perfect launch to the year—actively engaging staff and student leaders in an experience of building connections, leading discussions, and intentionally creating an environment that fosters growth and learning.

What does it mean to be “certified” as a Core Day Leader?

Certification means that you will be fully empowered as a facilitator of Core Day. You will be entrusted with proprietary program materials and be able to confidently provide your school and students with a time-tested and life-changing program. The three main responsibilities of a Core Day Leader include:

- Scheduling and preparing the logistics for Core Day
- Preparing staff and student leaders to participate in Core Day
- Facilitating small and large group activities and discussions with up to 100 students at a time

What students participate in Core Day?

Core Day is for students in grades 5-12. We recommend working with up to 100 students at a time for each 3 hour session.

I am interested in coming to the training? What can I expect?

All our trainings and curriculum are based on providing experiences as a pathway to learning. Therefore, you can expect to learn by engaging in activities and discussions. This training will provide a great balance of presentation techniques and a ton of fun. You will meet other educators, be challenged, grow as a leader, be equipped to work with large groups, learn advanced facilitation techniques, and return to your school with everything you need to provide a meaningful Core Day experience.

What do you mean by “advanced facilitation techniques?”

There is a lot that goes into effectively keeping the attention of students in large groups, while also creating an intimate and trusting learning environment. Therefore, participants will learn how to:

- Build rapport and connect with EVERY kind of student.
- Navigate difficult interpersonal dynamics.
- Avoid getting rattled! Participants will learn how to address difficult moments and challenging behaviors to maintain connection and keep the program moving in a positive direction.
- Shape how and what they communicate, to ensure they are having the best influence on individuals and the group to avoid inadvertently turning off the group.
- Facilitate large & small group activities, debrief meaningful discussion, and use their own unique facilitation styles.

Is this training right for me?

If being a Core Day Leader has piqued your interest, and if you like the idea of having full access to make Core Day your own, then this training is right for you. We extend a warm invitation to teachers, administrators, counselors, paraprofessionals, coaches, or anyone else who gets excited about helping students become and stay connected to their school and peers.

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Highlights

3 Days of Training

Three days of advanced group facilitation training, connecting with educators, and experiential learning from The Core Project.

Lodging & Meals

3 nights of lodging with daily catered breakfast and lunch, and one dinner experience in downtown Coeur d'Alene

Professional Development Credit

Each attendee is eligible for a Professional Development Credit from the University of Idaho.

Core Day™ Leader Certification

Training specifically certifies participants to host & facilitate Core Day in their schools.



GREG SOMMERS, LPC
M.S. Clinical Mental Health Counseling & Rehabilitation

Founder, CEO, Lead Facilitator

Greg Sommers is a team building, training, and facilitation expert. Greg specializes in school staff development, curriculum, and student leadership. His programs and workshops are designed to provide staff, students, and organizations with dynamic and insightful experiences that produce true and lasting growth from the inside out. Through The Core Project, Greg offers a variety of support for schools to increase resilience, build connections, and enhance safe and secure climates that support student well-being and academic success. Greg has a Master's Degree in Clinical Mental Health Counseling from Montana State University. He has served schools for over 25 years.

Conference Schedule

Sunday Night Check-In

7:00 PM – Check-In Reception

Day 1

7 AM – **Breakfast**
8 AM – Training
12 PM – **Lunch**
1 - 4 PM – Training
6 PM – **Dinner**

Day 2

7 AM – **Breakfast**
8 AM – Training
12 PM – **Lunch**
1 - 4 PM – Training
Dinner on your Own

Day 3

7 AM – **Breakfast**
8-11 AM – Training
11 AM – Earliest Departure Time

Registration Form

*The conference takes place on the dates indicated. We ask participants to arrive and check into the hotel the Sunday evening before this date for a brief welcome. This night's lodging is included in the cost of the conference.

School Information

School/Organization Name: _____ District Name: _____

Point of Contact Name: _____ Point of Contact Phone: _____

Point of Contact Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Participant Information

Participant #1 Information

Name: _____

Cell Phone: _____

Email: _____

T-Shirt Size: S M L XL 2XL 3XL

Participant #2 Information

Name: _____

Cell Phone: _____

Email: _____

T-Shirt Size: S M L XL 2XL 3XL

Participant #3 Information

Name: _____

Cell Phone: _____

Email: _____

T-Shirt Size: S M L XL 2XL 3XL

Participant #4 Information

Name: _____

Cell Phone: _____

Email: _____

T-Shirt Size: S M L XL 2XL 3XL

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