

## **Self-Reflection Guide**

CORE LESSONS MS | COURSE 1

	Lesson Name	Date	Prep Time	Rate how you think it went	What lessons can I learn from this teaching experience?
O 1:	Making Connections				
<b>2:</b>	Valuing Names				
<b>3</b> :	Facing Challenges				
<b>4:</b>	Appreciating Differences				
<b>5</b> :	Core Check-In				
<b>6:</b>	Grit				
<b>7:</b>	Empathy				
<b>8:</b>	Responsible Decision Making				
<b>9:</b>	Common Ground				
<b>O</b> 10:	Core Check-In				
O 11:	Attitude				
<u> </u>	Belonging				
<u> </u>	Cooperation				
<b>14:</b>	Social Awareness				
<b>15:</b>	Core Check-In				
<u> </u>	Stress				
<b>17:</b>	Including Others				
<b>18:</b>	Kindness				
<u> </u>	Diversity				
<u> </u>	Core Check-In				
<b>21:</b>	Goal Setting				
<b>22:</b>	School Culture				
<b>23:</b>	Making Connections 2				
<b>24:</b>	Vision				
<b>25:</b>	Core Check-In				
<u> </u>	Effective Communication				
<b>27:</b>	Teamwork				
<b>28:</b>	Honesty & Integrity				
<b>29:</b>	Success				
<b>30:</b>	Core Check-In				
<b>31:</b>	Gratitude				
<b>32:</b>	Support				
<b>33:</b>	Listening				
34:	Affirmations				
35:	Core Check-In				



## **Self-Reflection Guide**

CORE LESSONS MS | COURSE 2

	Lesson Name	Date	Prep Time	Rate how you think it went	What lessons can I learn from this teaching experience?
<u> </u>	Making Connections				
<b>2</b> :	Valuing Names				
<b>3</b> :	Facing Challenges				
<b>4:</b>	Appreciating Differences				
<b>5</b> :	Core Check-In				
<b>6:</b>	Grit				
<b>7:</b>	Empathy				
<b>8:</b>	Responsible Decision Making				
<b>9:</b>	Friendship				
<u> </u>	Core Check-In				
<u> </u>	Respect				
<u> </u>	Belonging				
<u> </u>	Cooperation				
<u> </u>	Social Awareness				
<u> </u>	Core Check-In				
<u> </u>	Stress				
<u> </u>	Influence and Impact				
<u> </u>	Kindness				
<u> </u>	Diversity				
<u> </u>	Core Check-In				
<u> </u>	Goal Setting				
<u> </u>	School Culture				
<u></u>	Getting Involved				
<u> </u>	Expecting Greatness				
<u></u>	Core Check-In				
<u> </u>	Effective Communication				
<b>27:</b>	Teamwork				
<b>28:</b>	Honesty				
<u> </u>	Success				
<b>30:</b>	Core Check-In				
<b>31:</b>	Gratitude				
<b>32:</b>	Support				
<b>33:</b>	Understanding				
<b>34:</b>	Affirmations				
35:	Core Check-In				



## **Self-Reflection Guide**

CORE LESSONS MS | COURSE 3

	Lesson Name	Date	Prep Time	Rate how you think it went	What lessons can I learn from this teaching experience?
O 1:	Making Connections				
<b>2:</b>	Valuing Names				
<b>3:</b>	Facing Challenges				
<b>4:</b>	Appreciating Differences				
<b>5:</b>	Core Check-In				
<b>6:</b>	Conflict Management				
<b>7:</b>	Empathy				
<b>8:</b>	Responsible Decision Making				
<b>9:</b>	Gossip				
<u> </u>	Core Check-In				
O 11:	Habits				
<u> </u>	Belonging				
<u> </u>	Cooperation				
<u> </u>	Social Awareness				
<u> </u>	Core Check-In				
<u> </u>	Stress				
O 17:	Influence and Impact				
<u> </u>	Kindness				
<u> </u>	Diversity				
<u> </u>	Core Check-In				
<b>21:</b>	Goal Setting				
O 22:	School Culture				
<b>23</b> :	Getting Involved				
<u> </u>	Optimism				
<u> </u>	Core Check-In				
<u> </u>	Effective Communication				
<u> </u>	Teamwork				
<u> </u>	Personal Responsibility				
<u> </u>	Success				
<b>30:</b>	Core Check-In				
<b>31:</b>	Gratitude				
<b>32:</b>	Support				
<b>33:</b>	Listening				
<b>34:</b>	Affirmations				
<b>35</b> :	Core Check-In				